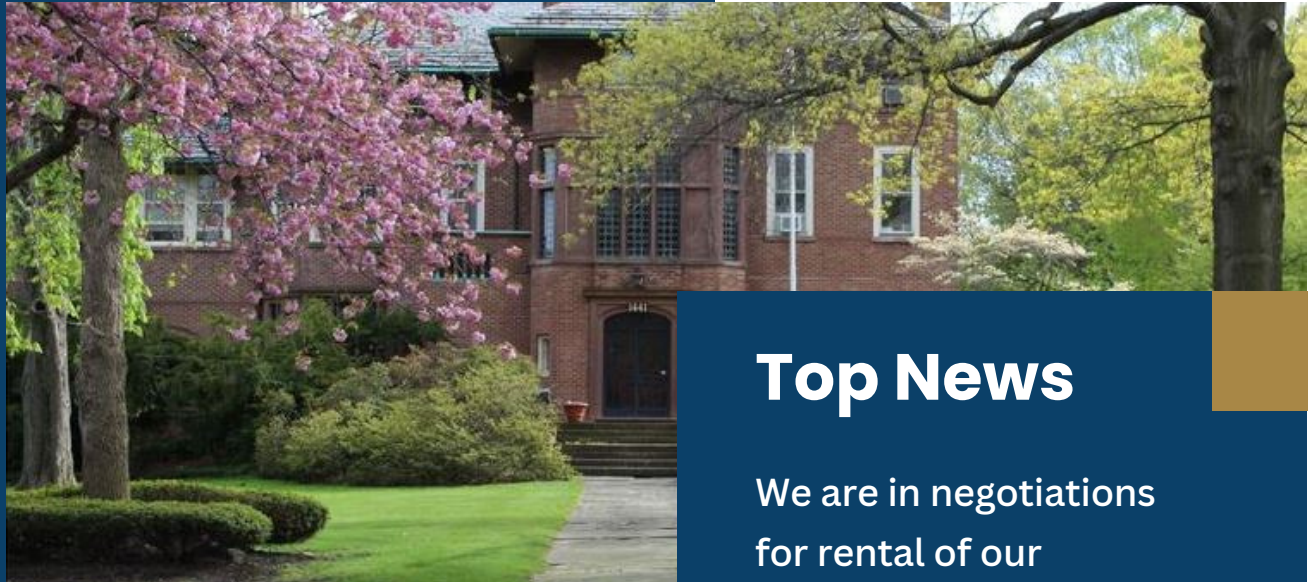


# ROCHESTER ACADEMY OF MEDICINE

WWW.RAOM.ORG



January 2024



## Top News

We are in negotiations  
for rental of our  
Carriage House!

We are having a membership  
sale, 25% off  
See details on page 6

## Our Organization's Growth & Success in 2023

Our Continuing Medical Education program had an amazing year. We jointly and directly provided over 100 CME programs in 2023.

The Academy was buzzing with 84 events!

We implemented our new "Ask The Experts" series and we are excited to carry that into 2024.



More Awards Ceremony Pics  
starting on page 8



## Member Spotlight

Championing  
Interprofessional Healthcare  
at the  
Rochester Academy  
of Medicine

**Dr. Leslie Lange**

Dr. Leslie Lange, has been a pivotal figure at the Rochester Academy of Medicine since 2013. His journey with the Academy began as an endeavor to expand interprofessionalism within the Rochester healthcare community, aligning perfectly with the Academy's mission of advancing learning, encouraging service, and initiating collaboration in the communities they serve.

His tenure on the Board of Trustees since 2013 and subsequent presidency from 2018 to 2020 exemplify his commitment to the Academy's mission of collaboration, integrity, leadership, and diversity. Driven by a desire to foster interprofessional collaboration and community partnerships, Dr. Lange swiftly embraced the Academy's vision. His involvement as a board member and past Board of Trustees chair reflects his unwavering dedication to promoting interprofessional education and practice collaboration. Working with esteemed colleagues like Larry Chessin and Stephanie Brown-Clark, he's been instrumental in shaping the Academy's future as a hub for healthcare unity.

For Dr. Lange, the Academy remains the sole platform in the Rochester community that unites all healthcare professionals. His enthusiasm for the Academy's future envisions a transformative role for the institution in the healthcare landscape. He finds alignment with the Academy's values of collaboration, integrity, leadership, and diversity, as they form the cornerstone of his aspirations for a better healthcare system.

Through his roles within the Academy, particularly in the in the development of the Interprofessional Education and Practice Consortium, Dr. Lange finds immense joy in engaging with like-minded individuals and giving back to the community. His primary occupation as a Chiropractor aligns with his belief in restoring patients' lives, often serving as their last resort for hope and healing.

Since 1990, he has been an active member of both the New York State Chiropractic Association and the American Chiropractic Association, showcasing his commitment to excellence in chiropractic care and patient advocacy.

**Leadership Roles and Contributions include:**

- NYS Chiropractic Association, District 15: Dr. Lange served as the Chair of the Insurance and Industrial Relations Committee from 1992 to 2021, exhibiting his dedication to navigating the intersection of healthcare and policy, ensuring optimal patient care.
- Genesee Valley Sports Medicine Council: As its President from 1995 to 1998, Dr. Lange contributed significantly to sports medicine, emphasizing the importance of holistic approaches in athlete care.
- Blue Choice Committees: His leadership as Chair of the Blue Choice Chiropractic Advisory Committee and the Quality Assurance and Peer Review Committee from 1993 to 2008 underscore his dedication to ensuring high-quality chiropractic care within insurance networks.
- Monroe County Medical Society & Upstate Chapter of the Arthritis Foundation: His past roles as the Chair of the MCMS Integrative Health Care Conference and board member, respectively demonstrate his commitment to integrative healthcare, collaboration between healthcare professions, and community engagement.

Success, to Dr. Lange, is not merely a destination, but a sense of peace at the journey's end, knowing he's contributed to making things better. He draws inspiration from personal heroes - his parents, his wife, and anyone who triumphs through adversity, leaving behind a legacy of goodness.

To those venturing into healthcare, Dr. Lange emphasizes the importance of passion and genuine care for people. He urges aspiring professionals to let empathy and the desire to help others be their guiding light, affirming that a true calling for serving others is essential.

Married for over 40 years, Dr. Lange is a proud parent and grandfather, cherishing family bonds. His dedication to community service began while earning his undergraduate degree at Middlebury College in Vermont and underscores his commitment to both his profession and the Rochester area.

Dr. Lange's narrative is one of unwavering dedication, a testament to the transformative power of interprofessional collaboration within healthcare. His relentless pursuit of excellence and compassion for others exemplify the essence of what it means to be a member of the Rochester Academy of Medicine, an institution leading the fostering of solutions that bring improved patient outcomes and better health to our communities.



Can you help  
us  
Promote this  
Program?

## OH MY ACHING BACK: MANAGING LOW BACK PAIN

*Join us at the Rochester Academy of Medicine  
to learn about the prevention, treatment, and  
management of low back pain and sciatica from  
our team of healthcare professionals.*

**January 24, 2024  
6 - 7:30 pm**

**Rochester Academy of Medicine  
1441 East Avenue**



### Guest Speakers



**Leslie Lange, DC**  
Chiropractor, Owner  
Greater Rochester Chiropractic



**Patrick Reid, MD**  
Neurosurgery, Spine and  
Pain Management  
Rochester Regional Health



**Joshua Rittenberg, DC**  
Chiropractor, Owner  
East Avenue Chiropractic



**James Snyder, MD**  
Physical Medicine and  
Rehabilitation  
URMC



**Kali Spoto-LaRue, DPT**  
Orthopaedic Physical Therapist  
STAR Physical Therapy

#### ASK THE EXPERTS LECTURE SERIES

*A new series from the Rochester Academy of Medicine that addresses topical health questions at a time when medical misinformation is widespread. Get accurate, reliable information about a range of current topics from highly-trained and recognized experts.*



Scan to register  
for this  
FREE program  
[www.raom.org](http://www.raom.org)





# HAPPY NEW YEAR *Sale*

25%

OFF

**SAVE \$25 ON ALL NEW  
ACTIVE PROFESSIONAL  
MEMBERSHIPS UNTIL  
1/15/24**

**SAVE 25% WHEN YOU  
LEVEL UP YOUR  
CURRENT MEMBERSHIP**

SALON CONCERT SERIES

OCTOBER 22, 2023  
NOVEMBER 5, 2023  
MARCH 3, 2024  
MARCH 24, 2024  
APRIL 28, 2024

2023-2024

# SALON CONCERT SERIES

Rebecca Penneys, piano  
Mikhail Kopelman, violin  
Stefan Reuss, cello

**March 3, 2024**  
**2:00pm**

## Location

Rochester Academy of Medicine  
1441 East Avenue

## Tickets

	Single	Series
RAoM Members	\$35	\$150
General Public	\$40	\$180

Visit [www.raom.org](http://www.raom.org) to purchase your tickets!



# Awards Ceremony Pictures

Special Thank you to: Tatyana Tymkiv  
for sharing your pictures with us!





## Letter from the Director

Dear Esteemed Members and Friends,

As we stand on the threshold of a new year, I am profoundly grateful for the collective efforts and unwavering support that have made this year an exceptional success for the Rochester Academy of Medicine.

Our recent celebratory event was a testament to the remarkable dedication of each individual within our vibrant community. I extend my heartfelt gratitude to all presenters, nominees, and congratulations to the esteemed award winners whose contributions have elevated our shared mission.

I must also extend a special thank you to Mayor Malik Evans for joining us, further emphasizing the significance of our collaborative endeavors in shaping the health landscape of our community.

Looking ahead, one of our key focuses is reinvigorating the Bioethics Consortium. I invite anyone who shares our passion and commitment to this vital area to reach out and contribute your expertise. Your involvement will be pivotal as we explore new avenues and initiatives in this critical field.

As we bid farewell to an exceptional year, I am excited about the possibilities that 2024 holds. With your continued support and engagement, we are poised to make it a year of even greater accomplishments, breakthroughs, and positive impact.

Once again, I extend my deepest gratitude to each one of you for your invaluable contributions to our collective success. Together, let's embark on this journey toward a healthier, more vibrant community.

Here's to an inspiring and fruitful 2024!

Warm regards,  
Ryan Johnson  
Executive Director, Rochester Academy of Medicine